



Be your child's guide

Let's Get You To School



Here are things to say to your child when getting them to school is challenging...

Is something happening at school that makes you unhappy or nervous?

What can I do to help you get to school on time?

Let's pick out clothes, pack your backpack, and set your alarm tonight!

Your hard work in school is very important to me

I wouldn't send you if I thought you were too sick. Let's get you there

Going to school in this weather is an adventure - we can talk about it tonight when we're together

Who are some people who would miss you if you weren't there today?

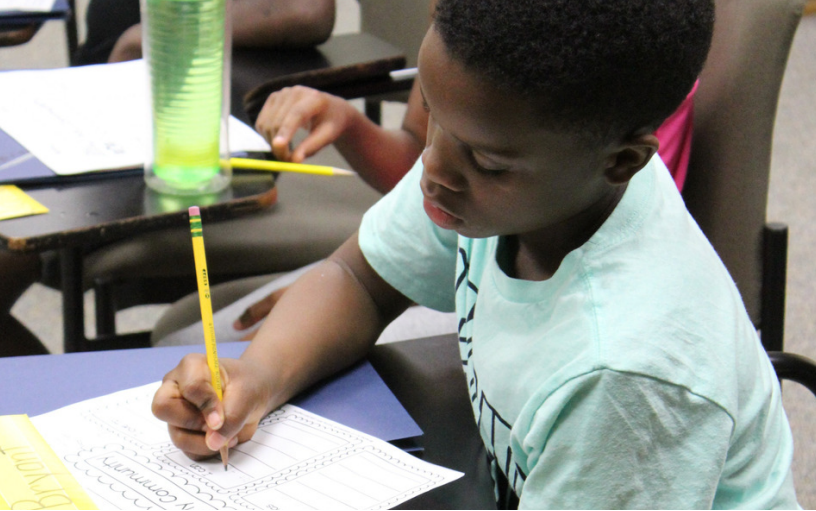
School is your job, and getting you there is mine! Let's work together





Be your child's guide

Growing Grit & Engagement



Kids have trouble "sticking with it" sometimes, but engagement and grit are important building blocks for success. Try these tips to boost your child's engagement in school and ability to "keep going when the going gets tough."

- ✓ **Make school attendance a priority**
- ✓ **Encourage after-school activities, sports & clubs**
- ✓ **Communicate with school** about academics, attendance & behavior
- ✓ **Focus on effort, not results** -
"I see how hard you're working"
- ✓ **Model positive self-talk** - say things like
"I am strong, I can do this"
- ✓ **Affirm their ability to make an impact** -
"See how your effort makes a difference?"